**ISA ISPID  
  
Abstract Submission  
  
Nº: 220**

|  |
| --- |
| Topics: **SIDS/SUID** |
| Type: **Oral** |
| **Evaluation of the fulfillment of the recommendations of safe sleep and its indication in health controls.** |
| **Briggiler, Anahí**1; **Delgado, María Florencia** 1 *1 - Hospital Municipal Bernardo A. Houssay.* |
| **Introduction** The  sudden infant death síndrome (SIDS) is defined as the sudden and unexpected death of a baby younger than a year of age during the sleep, that cannot be explained after realizing an exhaustive investigation including a complete autopsy, the examination where the death took place and the review of the case history. During the last decades, the infant mortality for the sudden infant death sindrome (SIDS) has decreased significantly in the whole world. This has been possible thanks to the biggest implementation and the change in some recommendations of safe sleep in the last years, especially after the indication of sleeping in supine position.  **Material and Methods** This is an observacional-descriptive, retrospective study of cross section in which a sample of 133 patients took between 3 and 6 months and 29 days of life who live in Vicente López, Buenos Aires, by a survey answered by the mothers of these patients. **Objective:** The study evaluates sleeping conditions  of children  from Vicente López, the fulfillment of the recommendations of safe sleep and the information given  by  health professionals during the stay in the maternity and health controls.  **Results** As for the recommendations for safe sleep given in the maternity and health controls, there were no significant differences as for the fulfilment, with the exception of the use of the pacifier (more discouraged during the stay in the maternity related to the establishment of breastfeeding). The mothers who received the recommendation for the position and the place the baby should sleep in a correct way, only 67% of them follow the indication of the position (supine) and 51% the place (crib).  **Conclusions** First of all it was observed that many mothers did not follow the recommendations for safe sleep indicated appropriately (especially in the position and in the place where  babies sleep). However, in many cases,  health professionals  didn’t mention the recommendations during health controls and in other opportunities erroneous recommendations were mentioned, as for example in discouraging the use of the pacifier to sleep and in the position (prone position). |
|  |

|  |  |
| --- | --- |
| **CONTACT** | |
| Name: | **Anahí** |
| Lastname: | **Briggiler** |
| E-mail: | **anahi.briggiler@gmail.com** |
| Country: | **Argentina** |
| Institution | **Hospital Municipal Bernardo A. Houssay** |
| Cellphone: | **54 9 11 33619956** |
| City: | **Buenos Aires** |