**ISA ISPID  
  
Abstract Submission  
  
Nº: 188**

|  |
| --- |
| Topics: **Stillbirth** |
| Type: **Oral** |
| **The taboo of perinatal death in the North of Argentina** |
| **Tamayo, Candelaria Marcela**1 *1 - Fundacion Era en Abril .* |
| **Introduction** My name is MARCELA TAMAYO, I live in a province in northern Argentina, Salta. I lost my first two children, at 8 months gestation I lost Milagros and at 5 months gestation to Nahuel. I am Alejandra's mom a 5 years old girl. After the lost of my children I was diagnosed with thrombophilia.  **Material and Methods** For 2 years I am part of the Foundation Era en Abril, I found it when I was looking to know more about my own gestational duel, here I have met many moms and dads, we all agree that there is life before and after the death of our children, nothing will ever be the same. For lack of psychological support and information, several moms ask voluntary discharge of their stay after the death of their children, because it is unbearable to share the room with another woman that has her baby on her arms. Many mothers do not ask their baby to perform an autopsy for lack of information, and most can not return to the institution where they have lost their children. Moms we are relegated to the last corner of the room, which increases our frustration and low self-esteem.  **Results** The province of Salta has a population of 1,333,000, the city of Salta Capital has a population of  367,550 and only have one public maternity where health professionals are not prepared to help parents who have lost their children. From the mutual support group of the Foundation, we try to fill this gap, providing help and a place to feel safe and secure. In our meetings, we talked, we shared our stories, and we realize that no matter how long it has been since our loss or how old we are, we all feel the same pain. We are working to build a fairer, more sympathetic to the pain of others society, we do it with our heart, from mom to mom.  **Conclusions** The fact of having to go out to the world and be moms without our babies is a new beginning for us. We lose our active role in society because we do not feel the strength to face our friends and family. We lose our economic independence, we lose our jobs, we stop doing things what we like. We lose our self. A mom who lost her baby suffer lack of sleep, depression, lack of appetite or increased it, we become dependent on our partner, ultimately, after the death of a child we totally lose our way. Not knowing what happens to us, it is actually our grief. We do not have support or professional help. The hospital of my city does not give psychologists appointment unless your life is at risk, which shows a lack of vocational training and interest in helping. |
|  |

|  |  |
| --- | --- |
| **CONTACT** | |
| Name: | **Candelaria Marcela Deolinda** |
| Lastname: | **Tamayo** |
| E-mail: | **kandela5177@gmail.com** |
| Country: | **Argentina** |
| Institution | **Fundacion Era en Abril** |
| Cellphone: | **3875271353** |
| City: | **Salta** |