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Medical Action protocol in perinatal death

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**Objectives**

Since 9 years the “Era en Abril” Foundation provides help for parents of babies who have died in pregnancy, childbirth or after birth, from our experience accompanying parents around the world to go across their grief, arises the need to implement this protocol in order to establish clear work guidelines for health professionals responsible for assisting parents in such a difficult situation. The daily practice of our work shows that the words used at that time by the doctor or nurse are recorded for life in memory of parents, regardless they have been good or bad. We aim that the memory of this time be less painful by training professionals on how to act, what to do and what to say to the grieving process can be made without resentment, doubts, or guilt.

In this way, it is essential to establish communication tools and information available to be applied in these cases in which, undoubtedly, will be altered or affected the patient's perspective regarding their future and that of their loved ones.

From the daily work we do in our Foundation we can see that in our country there is not a protocol to inform health professionals how to act in this cases. We are convinced that this is a fundamental problem when the patient start the path of a healthy grief. A protocol as we design is now necessary to provide useful tools to health professionals involved and should be implemented as soon as possible in all health centers.

This project is currently under preparation by the Professional Team of the Foundation and consists of three instances:

**Content of the session**

1st Stage. PROTOCOL TO MEDICAL ACTION IN PERINATAL DEATH. It consists of 13 tips that the people targeted by the project should apply in case of perinatal death.

**Method and extent of audience participation**

2nd Stage. GUIDE FOR HEALTH PROFESSIONALS. Perinatal death. This is a compilation of material specially selected in order to serve as a reference to extend established in the medical protocol.

**Proposed content area and why it is important to participants**

3rd Stage. COMPREHENSIVE TRAINING PROGRAM FOR DEATH GRIEF PERINATE. Where courses be dictated by specialized professionals and mothers of the Foundation in order to train all staff of health of the country on the compulsory application of the medical protocol and the need for more humane treatment of parents and relatives who they have lost their babies.

We are aware that we are facing a great challenge but we are confident that the benefit that the implementation of this action plan will bring many benefits for those who unfortunately live an experience of perinatal death in their families. Every great task requires great efforts and in the “Era en Abril” Foundation we are willing to do so, in the belief that righteous people will join this crusade.

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