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| **ISA ISPID  Abstract Submission  Nº: 278**   |  | | --- | | Topics: **SIDS/SUID** | | Type: **Oral** | | **Online Self Assessment Tool; A Framework for Integrating and Maintaining Best Practice** | | **Himes, BA**1 *1 - First Candle.* | | **Introduction** Hospitals and healthcare professionals are in a unique position to influence parenting practice and to dispel myths about SIDS and SUID. The injury-related nature of SUID provides healthcare professionals an opportunity for prevention through safe sleep modelling and education. In 2012, we conducted a consultation program designed to identify safe sleep policy and practice in seven hospitals. Consultants utilized a Plan-Do-Study-Act (PDSA) model. Evidence based policy and resources were provided as support. The objectives were to assess current safe sleep policy and practice, evaluate results, provide technical assistance and identify resources to improve outcomes. Findings include positive outcomes, such as the organization's discovery that their efforts exceeded current benchmarks and standards. Opportunities for positive growth existed and improvement could often be easily achieved. A primary challenge identified was the necessary time for staff to complete assessments and address recommendations. A key finding was that behavior change from a concept to a practice requires a consistent approach to revisit their processes to assure they are maintaining continuous quality improvement.  **Material and Methods** The program suggests a need for an innovative, user-friendly tool to expedite the assessment/improvement cycle. Furthermore, an emphasis on breastfeeding in the hospital would provide integrated patient education in concert with safe sleep. Electronic delivery in various formats, the ability for assessments to be performed and archived during regular shift coverage, and immediate feedback are crucial for improvement. Specific objectives include: 1) Providing a confidential self-assessment tool to hospitals that is accessible and addresses the most current key elements of safe sleep and breastfeeding principles. 2) Provide evidence-based resources to supplement ongoing quality improvement. 3) Provide feedback and opportunities to learn how results relate to those of other organizations. Online self-assessments are made available electronically with a fifteen question comprehensive overview that consider hospital policy, patient and staff education, and various external media influences.  **Results** Self-assessment is completed at times which are most convenient for hospital staff, gaining input from other disciplines within the organization. Organization may gain opportunity to leverage staff education in several disciplines to improve quality of patient education. Organization is afforded the opportunity to look outside their practice and position themselves for further future recognition and improvement.  **Conclusions** We believe these processes will foster "A Breastfed Baby Who Sleeps Safely". The online safe sleep assessment tool is designed as a high level of support for organizations as they strive for the best possible outcomes for patients and families in breastfeeding and safe sleep. Continuous quality improvement, paired with culturally appropriate and timely resources will assist organizations in meeting the ultimate goal: decreasing infant mortality. | |  |  |  |  | | --- | --- | | **CONTACT** | | | Name: | **BA** | | Lastname: | **Himes** | | E-mail: | **barb@firstcandle.org** | | Country: | **USA - United States of America** | | Institution | **First Candle** | | Cellphone: | **317-748-6669** | | City: | **Indianapolis** | |