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| **ISA ISPID  Abstract Submission  Nº: 262**   |  | | --- | | Topics: **SIDS/SUID** | | Type: **Oral** | | **Grief and happiness, side by side** | | **Ploegmakers, Dirk**1 *1 - private address.* | | **Introduction** Dutch cot death father Being a dad of three beautiful kids makes me one of the most fortunate people in the world. They are all born healthy and grew up as wonderful toddlers. My oldest son Sven died suddenly and unexpected on the 27th of September 2011 at an age of 18 months and three days. His death made us “childless parents”. One and a half year later our daughter Maud was born. Although the grief of losing Sven was, and is, a big part of our lives, Maud gave us back our future. Instead of letting grief cover our happiness, we managed to cope with grief and happiness parallel. We like to share with other parents and professionals how we try to experience and enjoy all the blessings in our life. Sven, Maud and Lars make me equally proud.  **Conclusions** This father will share his experiences with the loss of his child and how his wife and Dutch family coped with this traumatic experience. | |  |  |  |  | | --- | --- | | **CONTACT** | | | Name: | **Dirk** | | Lastname: | **Ploegmakers** | | E-mail: | **dgploegma1@gmail.com** | | Country: | **Netherlands** | | Institution | **private address** | | Cellphone: | **31-543 452774** | | City: | **Den Bosch** | |