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| **ISA ISPID  Abstract Submission  Nº: 249**   |  | | --- | | Topics: **SIDS/SUID** | | Type: **Oral** | | **THROMBOPHILIA AND PREGNANCY FOUNDATION (in formation)** | | **Giacobbe, Natalia** 1; **Cupparo, Marianela**1; **Capozzoli, Maia** 1; **Litta, Mariana** 1; **Gmelin, Lina Isabel**1 *1 - Fundación en Formación Trombofilia y Embarazo.* | | **Introduction** The group THROMBOPHILIA AND PREGNANCY was created 12 years ago by a mother's initiative after having lost two pregnancies for this blood disorder, she decided to offer help and support to other women that were going through the same difficult situation. In a very short period of time, the group started growing and many women of several countries joined up, contributing their experiences and unknowingly helping other mothers that were summing up to the group with the same uncertainty and fear to find out that they had the Thrombophilia disorder, one of the main causes of stillbirths in our country. The thrombophilia is a disorder in blood clotting, prone to coagulating more than normal and it frequently triggers off as a cause of hormonal changes. These imbalances can be acquired and or inherited. The ones with this disorder have an increased risk to have complications in pregnancy (recurrent losses, pre-eclampsia, premature childbirth, IUGR (Intrauterine Growth Restriction) or stillbirths)  **Material and Methods** Due to the impact of the group and the developed work, THROMBOPHILIA AND PREGNANCY was focused in the diffusion of this unknown disorder, being mainly a guide for those women diagnosed with thrombophilia or with suspicion of suffering it, who were joining to this great net of support. Thereby, as a result of the imminent growth of the group, we decided to create subgroups in several provinces of Argentina and also in several countries, in order to favour the most direct contact, each of the subgroups answering to the general group called THROMBOPHILIA AND PREGNANCY. Today, we have more than 3000 members that actively participate in the group. We believe that being able to share the same difficult situations among the different women and being accompanied in these circumstances favour and reinforce the women's positive attitude experiencing the process of mourning and in a next pregnancy.  **Results** Last year we were invited to the XII Uruguayan Symposium and the VI MERCOSUR of Thrombophilia and Pregnancy Symposium, in which we exposed our work. In December 2015, a bill was presented in the Nation House of Representatives; it proposes the implementation of the medical studies of this disorder in the routine studies for every woman before a pregnancy to achieve a reform in the system of health that includes the thrombophilia's early detection. This project was approved by the Deputies, and it will be analysed in the Senate.  **Conclusions** Our goal is to manage to have our foundation and deepen the tasks of emotional stability and support that we have developed so far. Also, in a future we want to be able to promote the development of programs of health that concentrate in the training of medical staff and patients, through conferences and symposiums presented by specialists that have studied the disorder. We are striving for the Thrombophilia's early detection and accessible treatment for all the women. | |  |  |  |  | | --- | --- | | **CONTACT** | | | Name: | **Mariana** | | Lastname: | **Litta** | | E-mail: | **mlitta2001@yahoo.com.ar** | | Country: | **Argentina** | | Institution | **Fundación en Formación Trombofilia y Embarazo** | | Cellphone: | **(054)1136551753** | | City: | **Buenos Aires** | |