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| Topics: **SIDS/SUID** |
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| **Prevention of Sudden Infant Death Syndrome (SIDS) at Nursery Schools in Japan** |
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| **Introduction** Sudden Infant Death Syndrome (SIDS) is reported to occur in about one of every 6000-7000 live births in Japan. SIDS commonly occurs two to six months after delivery and prevention of SIDS at this age group is very important not only at home but also at nursery school. However, guideline for preventing SIDS at nursery school has not been established in Japan. The aim of the study was to identify the effort of SIDS prevention currently conducted at Japanese nursery schools.  **Material and Methods** A questionnaire asking about the knowledge and activities related to SIDS prevention was distributed to nursery schools in Japan. One hundred seven responses were included in the analysis. Percentage of incident or at risk incident of SIDS was identified and activities currently conducted at each nursery school were analyzed.  **Results** No SIDS incidence was observed, but at risk SIDS incidence was observed in one nursery school (0.9%). Percentage of activities including health check-up in the morning, monitoring by the childminder during the nap time, asking about the health condition of baby from the parents, taking care of baby sleeping position, measurement of body temperature, checking vital signs of sleeping baby, stimulate the baby while taking a nap, monitoring of sleeping baby with video recording, and putting a sensor on baby taking nap were conducted in 98.1%, 94.3%, 93.5%, 86.9%, 84.1%, 54.2%, 9.3%, 1.9% and 0.9% of nursery schools respectively.  **Conclusions** Monitoring of the health condition of the baby and close watch on baby including the body position while napping was made in more than 80% of nursery schools. Monitoring using sensors or video recording was not prevalent among Japanese nursery schools. |
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